



CULTIVATING A PSYCHOLOGICALLY SAFE WORKPLACE

Course type

Online/In-Company

Learning format

Classroom (max 12 attendees)

Course duration

1 day

Other wellbeing courses

Mental wellbeing awareness

Positive wellbeing conversations

What do you get?

Certificate of Attendance

Course overview

With 1 in 4 adults experiencing mental ill health in their lifetime, 1 in 6 reporting they experience mental ill health in any given week – all prior to the COVID19 pandemic. The business case for investing in employee wellbeing is urgent and clear.

With the new ISO standard 45003 being launched in summer 2021, to provide employers with a framework for Managing Psychological Health in the Workplace. This course will walk attendees through the new ISO standard so they can be proactive and identify where they need to take practical action.

There will be plenty of interactive discussion encouraged to support the gap analysis work and action planning. So, if employers wish to implement this standard, they will then have a clear head start.

Who would this benefit?

Anyone who leads a business, has responsibility for leading/managing people in their organisation, HR professionals and anyone with health and safety responsibilities.

Objectives

Attendees will:

- Understand the framework for the new ISO 45003
- Learn what psychosocial hazards are and the processes to identify these in your organisation
- Discover the policies that will support psychological safety
- Understand the importance of the psychological contract
- Appreciate the importance of employee consultation in identifying, assessing, and developing solutions
- Learn the legislation around psychological safety
- Understand the business case for employee wellbeing

Content

- Mental health audit to assess organisational needs
- Psychological contract – what it is and why it's important
- Employers Duty of Care & Directors responsibilities under HSE
- Responsibilities for wellbeing
- Why employee involvement is key
- Integration with the HR strategy
- And more!

All course booking enquires:

clare@yourwellbeingdept.co.uk